

# Massage, Bodywork and Somatic Therapy Examining Committee

January 3, 2001

## Regular Committee Meeting

A meeting of the Massage, Bodywork and Somatic Therapists was held on January 3, 2001 in the Monmouth Room on the 7th Floor, 124 Halsey Street, Newark, New Jersey. Barbara G. Benson, Chairperson, called the meeting to order at 9:08 a.m.

### ROLL CALL

#### PRESENT

Present were Committee Members: Deborah Overholt (Vice-chairperson), Barbara G. Benson, Donda Kraus-Sternberg, Carol Alexander, Henry Roth, Alan G. Vonderahe.

#### ALSO PRESENT

Deputy Director, Anthony Miragliotta, Regulatory Analyst, Charles Manning, Deputy Attorney General, Kathy Rohr, Executive Director, New Jersey State Board of Nursing, Patricia Polansky, Assistant Executive Director, Kathryn Schneider.

#### A QUORUM WAS DECLARED PRESENT

In accordance with Chapter 231 of P.L. 1975, more commonly referred to as the Sunshine Law, adequate notice of this meeting was provided by mailing on May 25, 2000. A schedule of all 2000 and 2001 (first quarter) Regular Open Board Meetings of the Massage, Bodywork and Somatic Therapy Examining Committee was provided to the Office of the Secretary of State, Star Ledger, Trenton Times, The New York Times, Camden Courier Post and the Philadelphia Inquirer. The schedule has also been posted on the bulletin board at the New Jersey State Board of Nursing Office.

#### MINUTES:

A reading and approval of the minutes for the regular open meeting on December 6, 2000.

THE COMMITTEE, UPON A MOTION MADE BY CAROL J. ALEXANDER AND SECONDED BY DONDA KRAUS-STERNBERG, VOTED FOR APPROVAL OF THE DECEMBER 6, 2000 REGULAR OPEN MEETING MINUTES.

#### MINUTES FORMAT

Kathy Rohr, Deputy Attorney General, discussed with the committee the Minutes format. It was recommended to organize the Minutes using topic headings. This will make reviewing and/or searching for topics easier in the future.

#### Core Curriculum

Chuck Manning, Regulatory Analyst, continued discussion on components of the Massage, Bodywork and Somatic Therapy Core Curriculum. Discussion concluded that CPR will not be included in the Core Curriculum content. A current CPR certification will be required upon initial & upon renewal of Massage, Bodywork and Somatic certification.

The hours for the Massage, Bodywork and Somatic Therapy Core Curriculum (omitting the CPR course), is currently 507 hours in total.

### **Title Designations**

Charles Manning, Regulatory Analyst, continued discussion with the Committee members on the designations under the umbrella of Massage, Bodywork and Somatic Therapist versus one title with no category designations.

### **Public Comment**

Barbara Benson, Chairperson invited the public to make comments. Topic discussion included the following: (a) In some acute care facilities, massage is utilized as a treatment modality, (b) Reiki should not be included as a designation under Massage, it was discussed that lay people perform this modality; and (c) There are 29 states, plus the District of Columbia, that have position statements on Massage and Bodywork. It was recommended that the Massage, Bodywork and Somatic Committee procure these for review and consideration.

### **Adjournment**

Deborah Overholt, Vice-Chairperson, made a motion to go into executive session to approve December 6, 2000 minutes.

On January 3, 2001 the Regular Open Examining Committee meeting was adjourned at 2:26 p.m. The next regular open Massage, Bodywork and Somatic Examining Committee will be hold on February 7, 2001.

Respectfully Submitted,

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Barbara G. Benson  
Chairperson



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*Modified March 2002*