

**MASSAGE, BODYWORK AND SOMATIC THERAPY
MINUTES**

**REGULAR OPEN COMMITTEE MEETING
MARCH 3, 2004**

A meeting of the Massage, Bodywork and Somatic Therapists was held on March 3, 2004 in the Essex Conference Room on the 7th Floor, 124 Halsey Street, Newark, New Jersey. Alan G. Vonderahe Chairman, called the meeting to order at 9:20 a.m.

ROLL CALL

PRESENT

Committee Members: Donda Kraus-Sternberg, Deborah Overholt and Alan G. Vonderahe.

ALSO PRESENT

Anthony Miragliotta, Deputy Director, Charles Manning, Regulatory Analyst, Division of Consumer Affairs and Barbara Byers, Administrative Analyst, New Jersey Board of Nursing.

A QUORUM WAS DECLARED PRESENT

In accordance with Chapter 231 of P.L. 1975, more commonly referred to as the Sunshine Law, adequate notice of this meeting was provided by mailing on January 2, 2004. A schedule of all 2004 Regular Open Committee Meetings of the Massage, Bodywork and Somatic Therapy Examining Committee to be held during 2004 was provided to the Office of the Secretary of State, Star Ledger, Trenton-Times, The New York Times, Camden Courier Post, The Press of Atlantic City and The Philadelphia Inquirer. The schedule has also been posted on the bulletin board at the New Jersey State Board of Nursing Office.

A reading and approval of the Open Committee Meeting Minutes of February 4, 2004.

THE COMMITTEE, UPON A MOTION MADE BY DONDA KRAUS-STERNBERG AND DULY SECONDED BY DEBORAH R. OVERHOLT VOTED FOR THE APPROVAL OF THE REGULAR OPEN COMMITTEE MEETING MINUTES OF FEBRUARY 4, 2004. THE MOTION CARRIED.

UNFINISHED BUSINESS:

The committee continued to review comments from the public regarding the Massage, Bodywork and Somatic Therapy Proposed Regulations. The committee is preparing responses to those comments.

OPEN FORUM:

Alan Vonderahe, Chairman asked the public to share with the Committee any concerns, issues or questions. The committee has advised anyone with comments to submit them in writing to the Board of Nursing. Individuals who spoke regarding the Proposed Regulations were:

- Ken Maily, Physical Therapist, APTANJ - suggests that the committee clarify 15.8b-1 with regards to the word treatment, which is not allowed in the Massage Therapy scope of practice.

Mr. Maily also suggested clarification for 15.8b-2 with regards to the word patient. Mr. Maily expressed concerns regarding the terms of Massage Therapy and Massage Therapist and if they would be regulated by the Committee. Mr. Maily feels that the committee should clarify the language in the regulations with regards to MLD.

- Kenny Shinn, Heart and Soul Holistic Center - expressed concerns about massage therapists being able to give massages to family members and friends. Mr. Shinn feels that massage therapists should be allowed to perform MLD. Mr. Shinn suggested that the committee put in the correct terminology that MLD is within the scope of practice of a massage therapist.
- Jennifer Anna, Massage Therapist - wants to be able to perform Manual Lymph Drainage (MLD) to promote the health and well being of her clients. She has 300 hours of training in MLD and there is a difference between MLD and Decongestive Therapy.
- Jim Petsche, Attorney, Cooper - Levison - representing Jennifer Anna and other Massage Therapists that work in the State of New Jersey who are concerned about the regulations prohibiting massage therapists from performing MLD. Information was submitted to the committee for review regarding MLD.
- Chris Froelich, Somerset School of Massage - applauded the committee on the work that has gone into the regulations. Mr. Froelich commented on the paragraph of sexual misconduct and feels that massage therapists who are properly trained should be allowed to perform MLD. A letter of petition from interested parties was sent to the committee for review regarding MLD.
- Ms. Savitri, President, AMTA-NJ - expressed concerns regarding MLD and being able to do chair massages. Ms. Savitir applauded the committee on the work that went into the regulations.

NEW BUSINESS:

Correspondence: The committee reviewed a letter and email from Eric Reale, Regulatory Affairs Representative, National Instructors Resource Center, American Safety & Health Institute (ASHI). The concern is regarding the requirement of Basic Life Support which is to be approved by the American Heart Association.

Upon further review the committee has decided to recognize the following entities for the course in Basic Life Support:

- American Heart Association
- American Red Cross
- National Safety Council
- Coyne First Aid, Inc.
- American Safety and Health Institute, and
- EMP International, Inc.

Anthony Miragliotta reported:

- Since the last committee meeting, information was gathered regarding Manual Lymph Drainage and there were several communications received from interested parties explaining the distinction between Manual Lymph Drainage and Decongestive Therapy.
- After careful consideration and research, the committee has come to an understanding that there is a distinction between Manual Lymph Drainage and Decongestive Therapy.
- Manual Lymph Drainage can be used by a massage therapist if they are trained to do so.

Prohibitions:

- Decongestive Therapy
- When Manual Lymph Drainage is used as part of Decongestive Therapy.

ADJOURNMENT:

On March 3, 2004 the Regular Open Examining Committee Meeting was adjourned at 2:30p.m. The next Regular Open Examining Committee Meeting will be held on April 7, 2004.

THE COMMITTEE, UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO ADJOURN THE MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING AT 2:30p.m.

Respectfully Submitted,

Alan G. Vonderahe
Chairman