

**MASSAGE, BODYWORK AND SOMATIC THERAPY  
MINUTES  
REGULAR OPEN COMMITTEE MEETING  
APRIL 6, 2005**

A meeting of the Massage, Bodywork and Somatic Therapists was held on April 6, 2005 in the Essex Conference Room on the 7th Floor, 124 Halsey Street, Newark, New Jersey. Alan Vonderahe, Committee Chairman called the meeting to order at 9:00 a.m.

**ROLL CALL**

**COMMITTEE MEMBERS PRESENT**

Deborah Overholt  
Donda Kraus-Sternberg  
Alan Vonderahe

**ALSO PRESENT**

Barbara Byers, Administrative Analyst, New Jersey Board of Nursing  
Ginger Provost, Deputy Attorney General  
Carol Onajide, Education Specialist, New Jersey Board of Nursing  
Charles Manning, Regulatory Analyst, Division of Consumer Affairs attended a portion of the meeting to participate in the discussion of Regulations concerning the Education Requirements for certification.

**COMMITTEE MEMBER NOT PRESENT**

Carol Alexander

**QUORUM WAS DECLARED PRESENT**

In accordance with Chapter 231 of P.L. 1975, more commonly referred to as the Sunshine Law, adequate notice of this meeting was provided by mailing on January 3, 2005. A schedule of all 2005 Regular Open Committee Meetings of the Massage, Bodywork and Somatic Therapy Examining Committee to be held during 2005 was provided to the Office of the Secretary of State, Star Ledger, Trenton-Times, The New York Times, Camden Courier Post, The Press of Atlantic City and The Philadelphia Inquirer. The schedule has also been posted on the bulletin board at the New Jersey State Board of Nursing Office.

A reading and approval of the Agenda for the April 6, 2005 Massage, Bodywork and Somatic Therapy Examining Committee Meeting.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE AGENDA OF THE APRIL 6, 2005 MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING. THE MOTION CARRIED.

A reading and approval of the Open Committee Meeting Minutes of March 2, 2005.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE OPEN MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING MINUTES OF MARCH 2, 2005. THE MOTION CARRIED.

**OLD BUSINESS:**

1. Applications will be reviewed by the committee during closed session.

### **CORRESPONDENCE:**

2. Letter dated March 14, 2005 from Albert Racine, Certified Reflexologist, requested clarification on the Massage, Bodywork and Somatic Therapy Regulations and whether it is applicable to reflexology.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO SEND A LETTER TO MR. ALBERT RACINE STATING THAT CERTIFICATION IN NEW JERSEY IS VOLUNTARY. THE MOTION CARRIED.

### **OPEN FORUM:**

Alan Vonderahe asked the public to share with the Committee any concerns, issues or questions:

Individuals who spoke were:

Cynthia Siniarpi-Balena, AMTA - commented as follows:

- The committee should monitor the website to keep the information updated.
- The statutes and regulations should be mailed out with each application packet.
- More information should be provided regarding the HIPPA Regulations. Does it apply to all therapists in all settings?
- What are the penalties for complaints against massage therapists, since the regulations do not specify.

The committee discussed the concerns of the public and advised as follows:

- The website will be updated as soon as possible.
- The statutes and regulations will be posted on the website.
- HIPPA is regulated on a federal level and should be covered in the Ethics section of the education section in the Massage Regulations.
- Penalties for complaints against massage therapists will be dealt with on an individual basis.
- The Open Forum portion of the committee meetings will be held during the first hour of the meeting so that the public will have an opportunity to address their concerns.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO GO INTO CLOSED SESSION TO REVIEW THE APPLICATIONS FOR CERTIFICATION. THE MOTION CARRIED.

### **OPEN SESSION RESUMED:**

Charles Manning discussed the following regulations:

N.J.A.C. 13:37-16.2 Definitions: Amended the definitions of "full time practice" and "part time practice" to recognize massage, bodywork and somatic therapy performed on students.

N.J.A.C. 13:37-16.3 Certification without education or examination: Amended to delete the requirement that documentation of full-time or part-time practice be in the form of a notarized affidavit. Also deleted reference to supporting records for documentation of full-time or part-time practice.

N.J.A.C. 13:37-16.4 Application for certification: Amended requirements for curriculum of courses. Deleted requirement that curriculum have six hours of law. Incorporated law portion of curriculum into ethics portion of curriculum. Increased the new ethics and law portion from six to eight hours. Deleted provisions that detailed what must be included in ethics and law portion of curriculum.

N.J.A.C. 13:37-16.5 Certification without examination based on licensure in another State: Amended requirement that applicant submit verification of license or certificate in another state to require the submission of verification of status of licensure or certification in every state the applicant was ever licensed or certified. Amended requirement that applicant submit statutes and regulations from the state in which the applicant is certified or licensed to require that applicant submit statutes and regulations from every state in which the applicant is currently certified or licensed.

N.J.A.C. 13:37-16.8 Infection control precautions: Amended requirement that disinfectant be a hospital-grade disinfectant registered with the EPA to require that disinfectant be a broad spectrum anti-microbial. Amended to require certificant to disinfect any tool used to transfer a lubricant and any portion of a pump dispenser or tube touched during provision of massage, bodywork and somatic therapy services. Amended to require that certificant store lubricants in sanitary containers, keep lubricants free debris and store lubricants according to manufacturer's recommendations and separately from cleaning supplies. Amended to require certificant to remove the lubricant that are not dispensed from a pump or tube from the main container with a disposable instrument or an instrument that is disinfected and place lubricant in a separate container which is discarded or disinfected provision of massage, bodywork and somatic therapy services.

The revisions to the regulations will be posted on the May 4, 2005 agenda.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE REVISIONS TO THE REGULATIONS. THE MOTION CARRIED.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO GO INTO CLOSED SESSION TO REVIEW APPLICATIONS FOR CERTIFICATION. THE MOTION CARRIED.

**OPEN SESSION RESUMED:**

Applicants who are eligible for certification:

1. Arno Schuechen
7. Andrea Mariani
2. Ila Rasmussen
8. Virginia Sipin
3. Cassandra Martin
9. Joseph Przytula
4. Mark Montimurro
10. Jonathan Shopiro
5. Alexei Belfer
11. Andrea Cirillo
6. David Kwiatkowski
12. Levonia Patterson

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE ABOVE APPLICANTS FOR CERTIFICATION. THE MOTION CARRIED.

Applicants are eligible for certification pending verification of information:

1. Debra Conte
6. Melody Meyer
2. Elizabeth Campbell
7. Tae Bok Kim
3. Charles Behm

8. Harry Belkowitz
4. Ana Brunelli
9. Kristi Coghlan
  
5. Charles Easter

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE ABOVE INDIVIDUALS FOR CERTIFICATION PENDING VERIFICATION OF INFORMATION. THE MOTION CARRIED.

Applicants who must submit additional information in order to be considered for certification:

1. Katharine Raphael
2. Eva Spindel
3. Sung Choi
4. Stacey Henshall

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED THAT THE ABOVE INDIVIDUALS MUST SUBMIT ADDITIONAL INFORMATION IN ORDER TO BE CONSIDERED FOR CERTIFICATION. THE MOTION CARRIED.

The committee also reviewed the following applications:

Carter Volz - Grandfathering applicant

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO SEND MR. VOLZ A LETTER INFORMING HIM THAT HE DOES NOT MEET THE EDUCATION OR GRANDFATHERING REQUIREMENTS AS STATED IN THE REGULATIONS. THE MOTION CARRIED.

Maribel Ariza - Education applicant

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO SEND MS. ARIZA A LETTER REQUESTING HER TO SUBMIT PROOF THAT SHE HAS TAKEN THE REQUIRED CPR COURSE AND TO SUBMIT PROOF OF THE REQUIRED 100 CLINICAL HOURS AS STATED IN THE REGULATIONS. THE MOTION CARRIED.

George Tegha - Education applicant

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO SEND MR. TEGHA A LETTER REQUESTING ADDITIONAL INFORMATION REGARDING COURSE DESCRIPTION AND HOURS. THE MOTION CARRIED.

Melody Meyer - Grandfathering applicant

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO SEND MS. MEYER A LETTER REQUESTING HER TO SUBMIT A BREAKDOWN OF THE COURSES THAT WERE TAKEN BY HER. THE MOTION CARRIED.

**ADJOURNMENT:**

A motion made by Deborah Overholt and duly seconded by Donda Kraus-Sternberg to adjourn the Massage, Bodywork and Somatic Therapy Examining Committee Meeting. Whereupon the meeting was adjourned at 3:00 p.m. The next Massage, Bodywork and Somatic Therapy Examining Committee Meeting will be held on May 4, 2005.

Respectfully Submitted,

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Alan Vonderahe  
Committee Chairman

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