

**MASSAGE, BODYWORK AND SOMATIC THERAPY
MINUTES**

**REGULAR OPEN COMMITTEE MEETING
APRIL 7, 2004**

A meeting of the Massage, Bodywork and Somatic Therapists was held on April 7, 2004 in the Essex Conference Room on the 7th Floor, 124 Halsey Street, Newark, New Jersey. Alan G. Vonderahe, Chairman, called the meeting to order at 9:10 a.m.

ROLL CALL

PRESENT

Committee Members: Donda Kraus-Sternberg, Deborah Overholt and Alan G. Vonderahe.

ALSO PRESENT

Charles Manning, Regulatory Analyst, Division of Consumer Affairs, Darlene Lapola, Deputy Attorney General and Barbara Byers, Administrative Analyst, New Jersey Board of Nursing.

George J. Hebert, Acting Executive Director, New Jersey Board of Nursing joined the meeting at 12:30p.m.

QUORUM WAS DECLARED PRESENT

In accordance with Chapter 231 of P.L. 1975, more commonly referred to as the Sunshine Law, adequate notice of this meeting was provided by mailing on January 2, 2004. A schedule of all 2004 Regular Open Committee Meetings of the Massage, Bodywork and Somatic Therapy Examining Committee to be held during 2004 was provided to the Office of the Secretary of State, Star Ledger, Trenton-Times, The New York Times, Camden Courier Post, The Press of Atlantic City and The Philadelphia Inquirer. The schedule has also been posted on the bulletin board at the New Jersey State Board of Nursing Office.

A reading and approval of the Open Committee Meeting Minutes of March 3, 2004 as amended.

THE COMMITTEE, UPON A MOTION MADE BY DEBORAH R. OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED FOR THE APPROVAL OF THE REGULAR OPEN COMMITTEE MEETING MINUTES OF MARCH 3, 2004 AS AMENDED. THE MOTION CARRIED.

UNFINISHED BUSINESS:

The committee concluded the reviewing of comments from the public regarding the Massage, Bodywork

and Somatic Therapy Proposed Regulations. The committee is preparing responses to those comments.

OPEN FORUM:

Alan Vonderahe, Chairman, asked the public to share with the Committee any concerns, issues or questions. The committee has advised anyone with comments to submit them in writing to the Board of Nursing. Individuals who spoke regarding the Proposed Regulations were:

* Kenny Shinn, Heart & Soul Holistic Center - suggests the committee clarify what is required when performing chair massage and clarify the difference between contamination and cross contamination.

* Monique Frost, Compass Massage & Bodywork Worlds of Wellness - - had concerns regarding the costs of the recording keeping software that is required to be use by all massage therapists.

* Sally Hacking, NCBTMB - informed the committee of a "intake form" that is used for her clients and there is no change in the criteria for the NCE Exam.

* Cynthia Balena, AMTA Member - congratulated the committee on their hard work and efforts that went into the regulations. She suggests that facilities that have more than one massage therapist use a roster when advertising for business. Ms. Balena also feels that in regards to HIPAA, the concern is that not all massage therapy is medical, but they should be held to these standards when applying modalities to the client. Ms. Balena recommends clients fill out a sign up sheet informing the massage therapist of any medical conditions before any services are performed. Ms. Balena feels that if body psycho-therapist falls under a form of massage therapy then it should fall under the regulations. Ms. Balena wants clarification when publishing a certificant's name.

* Linda Gilbert, MT, Educator - given verbiage on safety issues regarding giving out names and addresses of massage therapists. Majority of massage therapists are women often working in isolated areas in their homes and in cities. Ms. Gilbert suggests that you don't identify yourself as a woman when advertising and recommends only putting first initial and last name with the certification number. Ms. Gilbert congratulated the committee on their hard work and time for preparing the regulations. Ms. Gilbert wants the committee to clarify on the issue on having animals in the room while performing massages. She also expressed concerns regarding the storing and disposing of massage lubricants.

* Brenda Sorrentino, Louides Wellness Center - is a center where they only hire certified massage therapist who have completed a 500 hour program. It would be a hardship for them to pay for advertising and how do you determine which certificant should go on the advertisement? Ms. Sorrentino wanted to know if the committee in the future will be changing from a titling act to a practice act?

* Ken Maily, Physical Therapist, APTANJ - suggests that the committee make the distinction between contamination and cross contamination. Mr. Maily wanted clarification on the requirement for advertisement, consumer complaints and the application of massage for the health and well being of the client.

NEW BUSINESS:

Charles Manning discussed with the committee an eight (8) page summary of changes that were made to the Massage, Bodywork and Somatic Therapy Regulations.

COMMUNICATION:

The committee reviewed a letter dated March 5, 2004 from Shelley Martin, Registered Physical Therapist, Spine and Sport Physiotherapy Centre re: A reference letter for Gina Leal, Massage Therapist.

The committee recommended that an acknowledgment letter be sent to Shelley Martin.

The next committee meeting will be held on June 2, 2004 to discuss the changes in the regulations which will be reviewed by the full Board.

ADJOURNMENT:

On April 7, 2004 the Regular Open Examining Committee Meeting was adjourned at 1:52p.m. The next Regular Open Examining Committee Meeting will be held on June 2, 2004.

THE COMMITTEE, UPON A MOTION MADE BY CAROL ALEXANDER AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO ADJOURN THE MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING AT 1:52p.m.

Respectfully Submitted,

Alan G. Vonderahe
Chairman



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