

**MASSAGE, BODYWORK AND SOMATIC THERAPY
MINUTES
REGULAR OPEN COMMITTEE MEETING
APRIL 25, 2007**

A meeting of the Massage, Bodywork and Somatic Therapy Examining Committee was held on April 25, 2007 in the Sussex Conference Room on the 6th Floor, 124 Halsey Street, Newark, New Jersey. Alan Vonderahe, Committee Chair called the meeting to order at 9:20 a.m.

ROLL CALL

COMMITTEE MEMBERS PRESENT

Deborah Overholt
Donda Kraus-Sternberg
Alan Vonderahe

ALSO PRESENT

Margaret Howard, Field Representative
Ginger Provost, Deputy Attorney General
Charles Manning, Regulatory Analyst (limited to discussion of pending legislation and status of adopted regulations)
Diane Scott, Support Staff

QUORUM WAS DECLARED PRESENT

In accordance with Chapter 231 of P.L. 1975, more commonly referred to as the Sunshine Law, adequate notice of this meeting was provided by mailing on November 27, 2006. A schedule of all 2007 Regular Open Committee Meetings of the Massage, Bodywork and Somatic Therapy Examining Committee to be held during 2007 was provided to the Office of the Secretary of State, Star Ledger, Trenton-Times, The New York Times, Camden Courier Post, The Press of Atlantic City and The Philadelphia Inquirer. The schedule has also been posted on the bulletin board at the New Jersey State Board of Nursing Office.

A reading and approval of the Agenda for the April 25, 2007 Massage, Bodywork and Somatic Therapy Examining Committee Meeting with amendments:

1. To add under old business - 1) the discussion of supervised clinical practice, 2) Editorial written by Susan Ring, NCTMB, AMTA, NJ GRC, regarding proposed bill A4104 to remove sales tax on Massage, Bodywork and Somatic Therapy. Ms. Ring also mentioned in the editorial that AMTA is not pursuing the inclusion of Somatic.
- 3) the discussion of Polarity Therapy.
2. To add under new business - the discussion of FDA's proposal of Complementary and Alternative Medicine Products.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY ALAN VONDERAHE, VOTED TO APPROVE THE AGENDA OF THE APRIL 25, 2007 MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING AS AMENDED. THE MOTION CARRIED.

A reading and approval of the Open Committee Meeting Minutes of March 28, 2007 with amendments:

- pg 1 - correct the name of the meeting in the first paragraph.
- pg 2 - #1 under correspondence correct the word state. Under correspondence #1 correct sentence to state "The Committee directed that a letter be sent to APTA requesting the organization to provide a more thorough description of it's program".
- pg 3 - under correspondence #4 correct sentence to state "News Release from the Federation of State Massage Therapy Boards

regarding the results from the Job Task Analysis". Under open forum #1 correct to state "Susan Ring commented on the delay posting of the agendas and minutes. Jaclyn Boone commented on the language in Senate Bill expressing her to desire to provide for an extension for educators and to eliminate somatic therapy. To correct the last motion on pge 3 to state The Committee voted to go into closed session to review applications for certification and to discuss disciplinary matters. • pg 4 - the second group of applicants should state "The following applicants are approved pending receipt of additional information".

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY ALAN VONDERAHE, VOTED TO APPROVE THE OPEN MINUTES OF THE MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING OF MARCH 28, 2007 AS AMENDED. THE MOTION CARRIED. DONDA KRAUS-STERNBERG ABSTAINED FROM THE VOTE.

OLD BUSINESS:

1. Supervised Clinical Practice

A student from Dover Business College wanted to know if he could do an externship and if those hours would count towards the 100 supervised clinical practice hours required for certification. The regulations require applicants seeking certification for massage, bodywork and somatic therapy to complete 100 hours of supervised clinical practice. The Committee, in drafting the regulations intended that supervised clinical practice be under the supervision of a member of the faculty of the school that the student is attending.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO SEND A LETTER TO THE MASSAGE, BODYWORK AND SOMATIC THERAPY SCHOOLS OUTLINING THE SUPERVISED CLINICAL PRACTICE REQUIREMENT. THE MOTION CARRIED.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO SEND A LETTER TO THE DOVER BUSINESS COLLEGE OUTLINING THE SUPERVISED CLINICAL PRACTICE REQUIREMENT. THE MOTION CARRIED.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO AMEND THE MASSAGE, BODYWORK AND SOMATIC THERAPY REGULATIONS TO FURTHER CLARIFY THAT SUPERVISED CLINICAL PRACTICE MUST BE UNDER THE SUPERVISION OF A FACULTY MEMBER OF THE SCHOOL THAT THE STUDENT IS ATTENDING. THE MOTION CARRIED.

2. Government Relations Update

Editorial written by Susan Ring, NCTMB, AMTA, NJ GRC, regarding proposed bill A4104 to remove sales tax on Massage, Bodywork and Somatic Therapy. Ms. Ring stated that the AMTA is seeking to amend Senate Bill 2536 to exclude Somatic Therapy. AMTA wants to create their own Massage and Bodywork Board.

3. Polarity Therapy

The Committee discussed the standard hours for the American Polarity Therapy Association as it relates to the certification requirements for massage, bodywork and somatic therapy.

NEW BUSINESS:

1. Complimentary Alternative Medicine

The Committee discussed information received regarding FDA draft proposal entitled "Complementary and

Alternative Medicine Products and their regulations by the FDA.

The proposal may be found on the internet at: <http://www.fda.gov/cber/gdlns/altmed.pdf>.

OPEN FORUM:

Alan Vonderahe asked the public to share with the committee any concerns, issues or questions:

1. Cynthia Siniarpi-Balena, CMT - commented on the definition of somatic therapy, which is the application of systems of activity which seek to affect energetic systems of the body for purposes of restoring the health and well-being of the body. Ms. Balena feels that New Jersey is overly regulated, The somatic therapy term is used frequently and is generic enough to include modalities that may be developed and should not be eliminated.
2. Joseph Cavallo, Student Nurse, Rutgers College of Nursing - expressed an interest in other forms of medicine. Mr. Cavallo wanted to know whether there is a specific list of alternative therapies that are regulated by the Committee.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERBERG, VOTED TO GO INTO CLOSED SESSION TO REVIEW THE APPLICATIONS FOR CERTIFICATION AND DISCIPLINARY MATTERS. THE MOTION CARRIED.

OPEN SESSION RESUMED:

The following applicants were approved for certification:

1. Dawn Jastrabeck Certify
2. Pavel Pristash Certify
3. Antoinette Atkinson-Olsen Certify
4. Peter Befano Certify

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERBERG, VOTED TO APPROVE THE APPLICATIONS FOR CERTIFICATION FOR THE APPLICANTS LISTED ABOVE. THE MOTION CARRIED.

The following applicants are approved pending receipt of additional information:

1. Charlene Andrealavage
2. Ileana Corda
3. Stanley Milkowski
4. Kristie Abbott
5. Joy Hepburn
6. Rihae Park

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERBERG, VOTED TO APPROVE THE APPLICATIONS FOR CERTIFICATION FOR THE APPLICANTS LISTED ABOVE PENDING RECEIPT OF ADDITIONAL INFORMATION. THE MOTION CARRIED.

ADJOURNMENT:

A motion was made by Deborah Overholt and duly seconded by Donda Kraus-Sternberg to adjourn the Massage, Bodywork and Somatic Therapy Examining Committee Meeting. Whereupon the meeting was adjourned at 1:15 p.m. The next Massage, Bodywork and Somatic Therapy Examining Committee Meeting will be held on May 30, 2007.

Respectfully Submitted,

Alan G. Vonderahe
Committee Chair