

**MASSAGE, BODYWORK AND SOMATIC THERAPY  
MINUTES  
REGULAR OPEN COMMITTEE MEETING  
OCTOBER 5, 2005**

A meeting of the Massage, Bodywork and Somatic Therapists was held on October 5, 2005 in the Essex Conference Room on the 7th Floor, 124 Halsey Street, Newark, New Jersey. Alan Vonderahe, Committee Chairman called the meeting to order at 9:10 a.m.

**ROLL CALL**

**COMMITTEE MEMBERS PRESENT**

Deborah Overholt  
Donda Kraus-Sternberg  
Alan Vonderahe

**ALSO PRESENT**

George J. Hebert, Executive Director, New Jersey Board of Nursing  
Ginger Provost, Deputy Attorney General  
Charles Manning, Regulatory Analyst, Division of Consumer Affairs attended a portion of the meeting to participate in the discussion of the regulations.

**QUORUM WAS DECLARED PRESENT**

In accordance with Chapter 231 of P.L. 1975, more commonly referred to as the Sunshine Law, adequate notice of this meeting was provided by mailing on January 3, 2005. A schedule of all 2005 Regular Open Committee Meetings of the Massage, Bodywork and Somatic Therapy Examining Committee to be held during 2005 was provided to the Office of the Secretary of State, Star Ledger, Trenton-Times, The New York Times, Camden Courier Post, The Press of Atlantic City and The Philadelphia Inquirer. The schedule has also been posted on the bulletin board at the New Jersey State Board of Nursing Office.

A reading and approval of the Agenda for the October 5, 2005 Massage, Bodywork and Somatic Therapy Examining Committee Meeting with the following amendments:

To add under correspondence:

- September 8, 2005 letter from The Trager Approach regarding Assembly Bill 4034.
- September 19, 2005 email from Carol Alexander's daughter advising of the passing of a former committee member.
- September 22, 2005 letter from AMTA regarding the discussion of forming a federation of massage therapy boards.
- October 4, 2005 email from Cheryl Chapman, President, NJ and Susan Ring, GRC, Chair, AMTA regarding Cynthia Balena.
- October 4, 2005 email from Susan Ring, NCTMB, AMTA, NJ, GRC, Chair and Cheryl Chapman, President, AMTA, NJ regarding continuing education units.
- October 4, 2005 email from Rena Margulis, NCTM, Dipl, ABT (NCCAOM) regarding Assembly Bill 4034 and other comments.
- October 4, 2005 letter from Excel Institute regarding school transcripts.

**AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE AGENDA OF THE**

OCTOBER 5, 2005 MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING AS AMENDED. THE MOTION CARRIED.

A reading and approval of the Open Committee Meeting Minutes of September 7, 2005:

- Correction to be made on page three (3) regarding Sally Hasking's name.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE OPEN MASSAGE, BODYWORK AND SOMATIC THERAPY EXAMINING COMMITTEE MEETING MINUTES OF SEPTEMBER 7, 2005 AS AMENDED. THE MOTION CARRIED.

#### **CORRESPONDENCE:**

- Letter from Matt Bisley regarding "DOA Stress management company LLC" in Jersey City.
- September 8, 2005 letter from The Trager Approach regarding Assembly Bill 4034.
- September 19, 2005 email from Carol Alexander's daughter advising of the passing of a former committee member.
- September 22, 2005 letter from AMTA regarding forming a federation of massage therapy boards.
- October 4, 2005 email from Cheryl Chapman, President, NJ and Susan Ring Chair, GRC, AMTA regarding Cynthia Balena.
- October 4, 2005 email from Susan Ring, NCTMB, AMTA, NJ, GRC, Chair and Cheryl Chapman, President, AMTA, NJ regarding continuing education units.
- October 4, 2005 email from Rena Margulis, NCTM, Dipl, ABT (NCCAOM) regarding Assembly Bill 4034.
- October 4, 2005 letter from Excel Institute regarding school transcripts.
- September 6, 2005 letter from Anthony Miragliotta, Deputy Director, Division of Consumer Affairs regarding Readoption of 13:45C; Duty to Cooperate regulations.

#### **NEW BUSINESS:**

1. The committee discussed CPR/Basic Life Support requirement for certification, the question is which level should be required of the applicants. Charles Manning, Regulatory Analyst and Ginger Provost, DAG will draft language to amend the regulations to accurately reflect the committee's position.
2. N.J.A.C. 13:37-16.13 (c) 2 and N.J.A.C. 13:37-16.7 (a) Advertising for Massage Therapy.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY DONDA KRAUS-STERNBERG, VOTED TO AMEND N.J.A.C. 13:37-16.13(C) TO ALLOW CERTIFICANTS TO ADVERTISE A PROFESSIONAL SERVICE THAT THE CERTIFICANT DEVELOPED TO BE CONSISTED WITH N.J.A.C. 13:37-16.7 (a) 3. THE MOTION CARRIED.

3. N.J.A.C. 13:37-16.7 Scope of Practice - Questions about therapy vs treatment.

#### **OPEN FORUM:**

Alan Vonderahe asked the public to share with the committee any concerns, issues or questions:

- Kenny Shinn, AMTAGRC, AMTA, NJ - commended on the scope of practice of massage therapy and would like clarification.
- Cynthia Siniarpi-Balena, AMTA - commented on the committee setting a standard for BLS. Ms. Balena requested clarification on endorsement as it applies to those who are not certified in New Jersey and apply for licensure in another state.
- Rena Margulis, Dipl., ABT, NCTMB - shared information about performing massage therapy on 11 year olds that

she treats for impairments. Ms. Margulis stated that bodyworkers can treat asthma. She also brought to the committee's attention that there was an error printed in Massage Today Magazine indicating that she was a member of the massage committee. A correction will be published in the next publication.

- Rosemary Weiner, MT - submitted a letter from the from the Day Spa Association dated October 3, 2005 signed by the Executive Director, Hannelore R. Leavy to the committee for review regarding Assembly Bill 4034.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO GO INTO CLOSED SESSION TO REVIEW THE APPLICATIONS FOR CERTIFICATION. THE MOTION CARRIED.

**OPEN SESSION RESUMED:** The committee reviewed applications for the following:

1. George Tegha
2. Angelina Canizzaro

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE THE APPLICATIONS FOR CERTIFICATION OF GEORGE TEGHA AND ANGELINA CANIZZARO. THE MOTION CARRIED.

The following applicants are approved pending verification of information.

3. Eduard Shekhtman
4. Craig Sellman

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO APPROVE FOR CERTIFICATION EDUARD SHEKHTMAN AND CRAIG SELLMAN PENDING VERIFICATION OF INFORMATION. THE MOTION CARRIED.

The committee received and reviewed a correspondence from Excel Institute for Healthcare regarding its revised course syllabus. The committee had a few questions about the syllabus and directed staff to send a letter to the program requesting representatives meet with the committee to discuss this issue in further details.

AFTER DISCUSSION, THE COMMITTEE UPON A MOTION MADE BY DEBORAH OVERHOLT AND DULY SECONDED BY DONDA KRAUS-STERNBERG, VOTED TO DIRECT STAFF TO SEND A LETTER TO EXCEL INSTITUTE FOR HEALTHCARE REQUESTING AN APPEARANCE BEFORE THE COMMITTEE TO DISCUSS IT'S COURSE SYLLABUS. THE MOTION CARRIED.

#### **ADJOURNMENT:**

A motion made by Deborah Overholt and duly seconded by Donda Kraus-Sternberg to adjourn the Massage, Bodywork and Somatic Therapy Examining Committee Meeting. Whereupon the meeting was adjourned at 2:05 p.m. The next Massage, Bodywork and Somatic Therapy Examining Committee Meeting will be held on November 2, 2005.

Respectfully Submitted,

---

Alan Vonderahe  
Committee Chairman



departmental: [lps home](#) | [contact us](#) | [news](#) | [about us](#) | [FAQs](#) | [library](#) | [employment](#) | [programs and units](#) | [services a-z](#)  
statewide: [nj home](#) | [my new jersey](#) | [people](#) | [business](#) | [government](#) | [departments](#) | [search](#)