## VOLUME 45, ISSUE 22 ISSUE DATE: NOVEMBER 18, 2013 RULE ADOPTIONS

# LAW AND PUBLIC SAFETY DIVISION OF CONSUMER AFFAIRS STATE BOARD OF MARRIAGE AND FAMILY THERAPY EXAMINERS

Adopted Amendment: N.J.A.C. 13:34-4.3

### **Experiential Requirements for Licensure**

Proposed: October 15, 2012, at 44 N.J.R. 2352(a).

Adopted: February 14, 2013, by the State Board of Marriage and Family Therapy Examiners, Ben K. Beitin, Ph.D., Chair.

Filed: October 15, 2013, as R.2013 d.134, without change.

Authority: N.J.S.A. 45:8B-13 and 18.

Effective Date: November 18, 2013.

Expiration Date: September 10, 2016.

#### **Summary** of Public Comments and Agency Responses:

The official comment period ended December 14, 2012. The Board received comments from the following 73 individuals:

- 1. Silvia Marques Costeria, American Association for Marriage and Family Therapy (AAMFT)
- 2. Lavern Depeine, Marriage and Family Therapy (MFT) Student, AAMFT
- 3. Lorraine Barry, Licensed Marriage and Family Therapist (LMFT), AAMFT Clinical
- 4. Misbha Qureshi, AAMFT Student Member
- 5. Joanna Carr
- 6. Cindy Iarussi, AAMFT
- 7. Lisa Donley
- 8. Laura Lefelar-Barch, AAMFT
- 9. Joel Goldstein, American Association for the Advancement of Science (AAAS), American Association for Cancer Research (AACR)
- 10. Allison Lansky, University Medical Center of Princeton at Plainsboro

- 11. Melissa Berlingieri Hurley, LMFT
- 12. Xuhua Shang, Family Service Bureau
- 13. Jennifer Sumerlin, AAMFT Student Member
- 14. Naomi Steinhauser, AAMFT
- 15. Jean Bailey, AAMFT
- 16. Rosemarie Manes, LMFT
- 17. Michelle Leyman, MFT student
- 18. Bonnie Weiss, LMFT
- 19. Arti Kakkar
- 20. Ashley Winslow
- 21. Christin Bucciero, AAMFT
- 22. Mary Sillup, New Jersey AAMFT
- 23. Richard Horn, AAMFT, American Family Therapy Academy (AFTA), National Association of Social Workers (NASW)
- 24. Marisa O'Keefe-Giuliani, AAMFT
- 25. Jan Chapman, AAMFT, NJMFT
- 26. Carole Goldstein, MFT student
- 27. Nancy Hodges, NASW, Approved Supervisor AAMFT
- 28. Nancy Denis, AAMFT
- 29. Deanna Brace, MFT student
- 30. Banti Jean, AAMFT, American Psychological Association (APA)
- 31. Doreen Randolph, Holy Family University
- 32. Karishma Jain
- 33. Caitlyn Burns, MFT student
- 34. Benjamin Leibowitz, New Jersey LMFT, AAMFT, NJMFT
- 35. Agnes Raczynski

- 36. Mary McLaughlin, Family Care Connections, LLC
- 37. Megan Coral, AAMFT
- 38. Ray Blume
- 39. Beth Tunis, MFT
- 40. Rebecca Gillespie, AAMFT student member
- 41. Michael Fingerman
- 42. Maria Zacharatos, The Alzheimer's Association
- 43. Atsuko Seto
- 44. Tracey Ryan, Center for Assessment and Treatment
- 45. Michelle Weinberg, NJAMFT
- 46. Bruce Betner, AAMFT
- 47. Karen Sherman
- 48. Paula Ochs, Family Service League, Chrysalis Clinical Supervision
- 49. Gerldine Kerr, Director, Warren County Center for the Family
- 50. Charleen Alderfer, AAMFT, Approved Supervisor, The College of New Jersey (TCNJ)
- 51. Maria Antonelli, MFT member, SNJAMFT
- 52. Marion Cavallaro, American Counseling Association, New Jersey Counseling Association, Association for Counselor Educators and Supervisors
- 53. Gerald Washko, AAMFT
- 54. Nicholas Watts, AAMFT Clinical Member
- 55. Karen Vedus, NJAMFT
- 56. Meira Itzkowitz, AAMFT
- 57. Laura Wechsler, Diplomate in Clinical Social Work (DCSW), NASW, AAMFT Supervisor
- 58. Patricia Borusiewicz, New Jersey Counseling Association (NJCA) Student
- 59. Vincent Lamont, American Counseling Association
- 60. Edward Igle, AAMFT

- 61. Nancy Kline Gold, Family Therapy and Consultation Services, United Family Services
- 62. Barbara Andrew, AAMFT, NASW
- 63. Andrew Hoffman, AAMFT
- 64. Ronnamarie Palladino, LMFT
- 65. Kelly Foters, NJAMFT, AAMFT, American Association of Sexuality Educators, Counselors and Therapists (AASECT), NJCA
- 66. Tarcila Sutterley, NJAMFT
- 67. Kenneth Young
- 68. Alison Quispe, NJAMFT, AAMFT
- 69. Pamela Whiteman
- 70. Narda Ludena, NJAAMFT
- 71. Tabrina Hargrove, AAMFT
- 72. Sabrina Magliulo, AAMFT
- 73. Debra L. Wentz, Ph.D., Chief Executive Officer, New Jersey Association of Mental Health and Addiction Agencies (NJAMHAA)
- 1. COMMENT: The vast majority of the commenters support the amendments to N.J.A.C. 13:34-4.3.

RESPONSE: The Board thanks the commenters for their support.

2. COMMENT: One commenter suggests that applicants who worked as pastoral counselors for several years and who hold masters degrees should be allowed to obtain a license by completing half as many supervised hours as other applicants. The commenter also suggests that such applicants should be permitted to take the licensing examination and then complete supervised hours.

RESPONSE: The Board believes that all applicants for licensure need to complete the same number of supervised hours in order to ensure that they receive the interaction with experienced marriage and family therapists necessary to provide marriage and family therapy services in a safe and effective manner. The Board points out that hours of counseling provided as pastoral counselors may count towards the required hours of marriage and family therapy client contact. N.J.S.A. 45:8B-18 requires applicants to complete experiential requirements before taking the licensing examination and the Board will not amend N.J.A.C. 13:34-4.3 to permit pastoral counselors to take the licensing examination before completion of experiential requirements.

3. COMMENT: One commenter contends that many agencies are able to offer only one hour of supervision per week and that this means that individuals have to work more than three years on a temporary permit in order to satisfy supervised hour requirements.

[page=2434] RESPONSE: The Board recognized that it is sometimes difficult for applicants to complete more than one hour of face-to-face supervision per week. The Board points out that, as proposed and adopted, N.J.A.C. 13:34-4.3 was drafted so that one hour a week of supervision will satisfy experiential requirements, and, therefore, can be completed in two years.

4. COMMENT: A commenter asks if the terminal year in a program will still count as one of the three years of marriage and family therapy experience.

RESPONSE: N.J.A.C. 13:34-4.3(c), which has not been amended, recognizes that the one year of experience may be obtained during a master's degree program.

5. COMMENT: A commenter asks if a supervisor may supervise more than six individuals.

RESPONSE: N.J.A.C. 13:34-5.3, which has not been amended, prohibits supervisors from supervising more than six individuals.

6. COMMENT: One commenter opposes the amendments to N.J.A.C. 13:34-4.3. The commenter contends that four hours of supervision per week provides the necessary clinical knowledge of marriage and family therapy to practice in a safe and effective manner. The four hours of supervision per week standard protects both consumers and therapists.

RESPONSE: The Board amended N.J.A.C. 13:34-4.3 so that the Board's experiential requirements were consistent with other State mental health professional licensing boards. The Board believes that the new experiential requirements provide the minimum supervision necessary for an applicant to provide marriage and family therapy services in a safe and effective manner. The Board points out that, if a supervisor deems it necessary to provide more supervision in order to adequately prepare an applicant, he or she is free to do so.

#### **Federal Standards Statement**

A Federal standards analysis is not required because the adopted amendments are governed by <u>N.J.S.A.</u> 45:8B-13 et seq., and are not subject to any Federal requirements or standards.

## **Full text** of the adoption follows:

- 13:34-4.3 Experiential requirements for licensure
- (a) The following words and terms as used in this section and N.J.A.C. 13:34-5, shall have the following meanings, unless the context clearly indicates otherwise.

. . .

"Group supervision" means the ongoing process of supervising between two and six interns and/or permit holders at one time in a group setting by a qualified supervisor.

. . .

- (b) An applicant for licensure as a marriage and family therapist shall submit to the Board documentation, on a form provided by the Board, establishing that the applicant has completed a minimum of two calendar years of supervised marriage and family therapy experience and one calendar year of counseling experience, which may be in marriage and family therapy, as set forth below:
- 1. Supervised marriage and family therapy experience for each calendar year shall consist of:

- i. A minimum of 50 hours of face-to-face supervision, at the rate of one hour per week, of which not more than 25 hours may be in group supervision;
- ii. A maximum of 1,150 hours of actual marriage and family therapy client contact; and
- iii. A maximum of 300 hours of other work-related activities, such as preparing and maintaining client records as described in N.J.A.C. 13:34-8, report writing, maintaining appointment schedules, communicating with other professionals, preparing for supervision, preparing and maintaining financial records in accordance with N.J.A.C. 13:34-5.4 and 6.1, and any other activities the qualified supervisor deems appropriate; and
- 2. For the two calendar years of supervised marriage and family therapy experience and the one calendar year of counseling experience, no more than 30 hours of experience shall be earned in any one week, and no more than 125 hours of experience shall be earned in any one month.

(c)-(d) (No change.)