Adopted Amendment: N.J.A.C. 13:44L-2.3

Application for License as a Polysomnographic Technologist


Adopted: April 9, 2013, by the New Jersey State Board of Polysomnography, Penni L. Smith, RPSGT, Vice Chair.

Filed: October 10, 2013, as R.2013 d.133, without change.


Effective Date: November 18, 2013.

Expiration Date: May 17, 2017.

Summary of Public Comments and Agency Responses follows:

The official comment period ended December 14, 2012. The Board received two comments on the notice of proposal:

1. Melinda Trimble, RST, RPSGT, LCRP, President of the American Association of Sleep Technologists (AAST).

2. Sam Fleishman, MD, President of the American Academy of Sleep Medicine (AASM).

COMMENT: Ms. Trimble, on behalf of AAST, and Dr. Fleishman, on behalf of the AASM, support the proposed amendment.

RESPONSE: The Board thanks the AAST and the AASM for their support.

Federal Standards Statement

A Federal standards analysis is not required because the adopted amendment is governed by N.J.S.A. 45:14G-10, and is not subject to any Federal standards or requirements.
Full text of the adoption follows:

13:44L-2.3 Application for license as a polysomnographic technologist

(a) (No change.)

(b) An applicant for licensure as a polysomnographic technologist who does not hold a temporary license as a polysomnographic technician shall submit to the Board:

1.-2. (No change.)

3. Proof that the applicant:

i. Has successfully completed a CAAHEP accredited polysomnographic course; or

ii. Possesses a doctorate degree in a health-related field. For purposes of this subparagraph, a health-related field means any field in which services are rendered or research is conducted for the purpose of maintaining or restoring an individual's physical or mental health. Examples would include, but are not limited to, fields such as medicine, dentistry, optometry, nursing, physical therapy, respiratory therapy, and psychology.

4. (No change.)

5. Proof that the applicant has successfully completed the certification examination administered by the BRPT or, in the case of an individual possessing a doctorate degree in a health-related field, proof that the applicant has successfully completed:

i. The certification examination administered by the BRPT, having completed a minimum of six months of paid clinical experience where at least 21 hours per week per calendar year of on-the-job polysomnography duties performed as direct patient recording and/or scoring within the three years immediately prior to taking the examination; or

ii. The examination administered by the American Board of Sleep Medicine between 1978 and 2006, having attained the status of Diplomate of the American Board of Sleep Medicine; and

6. (No change.)