New Jersey State Board of Massage and Bodywork Therapy

## Helpful Information Regarding the Application Process



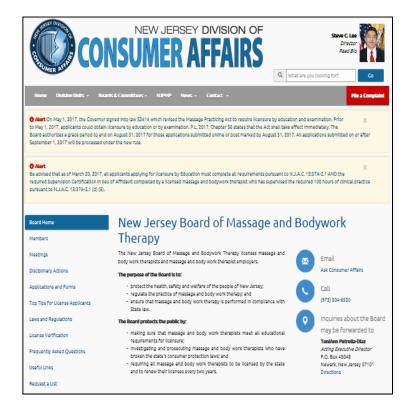


## New Jersey State Board of Massage and Bodywork Therapy

Applications can be downloaded from the Board's website at:

http://www.njconsumeraffairs.gov/mbt/Pages/applications.aspx

- No one may practice as a massage therapist without being duly licensed to do so.
- A pending application is not a license to practice massage and bodywork therapy.







## When Should I Begin the Application Process?

You can begin the application process when you have successfully completed a massage and bodywork therapy program of at least 500 hours and have successfully passed either the exam given by **The National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), or The Federation of State Massage Therapy (FSMTB) Boards' exam (MBLEx).** 

If you have a current active license in another state, in good standing, which meets the minimum requirements for New Jersey, you may apply by endorsement.





#### Requirements for a massage application:

A completed application form, signed and notarized, with a 2x2 passport style photo.

Completion of a course of study in massage and bodywork therapy of at least 500 hours. Pursuant to <u>N.J.A.C.</u> 13:37A-2.1(d), the 500 hours shall include the following:

- 1. At least 90 hours of anatomy/physiology/pathophysiology
- 2. Ethics and Law
- 3. Theory and Practice (in-class instruction as to massage and bodywork theory and modalities and inclass demonstration and practice of massage and bodywork modalities).
- 4. Electives directly related to the practice of massage therapy; and
- 5. At least 100 hours of clinical practice which is supervised by a faculty member who is present onsite while services are being performed and is either a licensed massage and bodywork therapist or is legally authorized to perform massage and bodywork in the state in which the school exists.





#### <u>Requirements for a massage application:</u>

The Massage and Bodywork Therapy school must be accredited by one of the following:

- 1. The New Jersey Department of Education;
- 2. The New Jersey Department Labor and Workforce Development;
- 3. The New Jersey Commission on Higher Education; or
- 4. An agency of another state which substantially meets the requirements of the New Jersey Department of Education, the New Jersey Department of Labor and Workforce Development or the New Jersey Commission on Higher Education;





#### Requirements for a massage application:

All applicants applying for licensure by Education must also have their school complete the required Supervision Certification in lieu of Affidavit completed by a licensed massage and bodywork therapist who has supervised the required 100 hours of clinical practice pursuant to <u>N.J.A.C.</u> 13:37A-2.1 (d) (5).

If your school is in state, the form can be found at:

http://www.njconsumeraffairs.gov/mbt/Applications/In-NJ-Only-Supervising-Faculty-Member-Certification.pdf

If your school is out of state, the form can be found at:

http://www.njconsumeraffairs.gov/mbt/Applications/Out-of-State-Supervising-Faculty-Member-Certification.pdf

All transcripts and supervision certifications must be sent directly from the school in an official sealed envelope.





#### <u>Requirements for a massage application:</u>

Passing the one of the following examinations pursuant to N.J.A.C. 13:37A-2.1(2):

The National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) The Federation of State Massage Therapy (FSMTB) Boards' exam (MBLEx).

Information regarding the NCBTMB Exam:

http://www.ncbtmb.org/take-board-certification-exam

Information regarding the MBLEx Exam given by the FSMTB:

<u>https://www.fsmtb.org/mblex/</u> - this link gives all information on the MBLEx, including the candidate handbook.





# Applying for Licensure as a Massage and Bodywork Therapist Continued . . .

#### Requirements for a massage application:

#### <u>CPR:</u>

Applicants must submit current certification in CPR, First aid and use of an automated external defibrillator (AED) from approved courses pursuant to <u>N.J.A.C.</u> 13:37A- 2.1(b)(4).

**Current CPR**: Must be from the American Heart Association, American Red Cross, National Safety Council, Coyne First Aid, American Safety and Health Institute, EMP International, EMS Safety Services or Pacific Medical Training.

#### Verifications of other licenses:

If you hold another license of any kind in any state, including New Jersey, you must arrange for that state to send written or electronic verification of status of licensure or certification from every state, territory of the United States, or the District of Columbia, in which the applicant was ever licensed or certified. The verification shall either be forwarded directly to the Board from the applicable state board or committee, if written or, if electronic, issued by the applicable state board or committee.





# Applying for a Massage and Bodywork Therapy License by Endorsement

#### Requirements for a massage application by endorsement:

Pursuant to <u>N.J.A.C</u>. 13:37A-2.2, A person who is licensed or certified in another state as a massage and bodywork therapist shall be eligible for licensure in this State if the educational and examination requirements of the state in which he or she is licensed or certified are substantially similar to the educational requirements of this State. An applicant for license who is licensed or certified in another state shall submit to the Board:

- A completed application form, singed and notarized with a 2x2 passport style photo.
- Written or electronic verification of status of licensure or certification from every state, territory of the United States, or the District of Columbia, in which the applicant was ever licensed or certified. The verification shall either be forwarded directly to the Board from the applicable state board or committee, if written or, if electronic, issued by the applicable state board or committee.
- Current certification in CPR, Firstaid and use of an automated external defibrillator (AED) from approved courses pursuant to N.J.A.C. 13:37A- 2.1(b)(4). (Please review the regulations at <u>www.njconsumeraffairs.gov/mbt</u> for current approved providers.)
- A completed criminal history background check.





## Criminal History Background Check

You must complete the "Certification and Authorization Form" as part of the application.

You will receive a letter with instructions on how to schedule an appointment to have your fingerprints digitally recorded.

Go online to schedule an appointment and pay the fee directly to IDEMIA.

Applicants who do not live in the State of New Jersey may receive fingerprint cards with a letter requesting that they complete a criminal history background check. The letter includes an option to make an appointment in New Jersey for a live-scan at an IDEMIA facility. The Board office receives the results of a criminal history background check faster if the applicant completes a live-scan at an IDEMIA facility in New Jersey.

If an applicant has ever been arrested, it makes the process faster if the applicant provides a written statement of the arrest(s), the police report(s), court documents and a copy of the disposition(s) of the arrest(s) with their application.



The fee on the Certification and Authorization form does not apply to every applicant. Do not send this fee if you Do Not hold a license or certification by any Board or Committee of the New Jersey Division of Consumer Affairs. Do not send this fee if you are unsure. The Board office will notify you if it is needed.



#### What is the application fee?

The application fee is \$75.00, non-refundable fee.

#### What is the fee for a massage therapy license?

- If a massage and bodywork therapist applicant is eligible for a license during the first year of the biennial renewal period the fee for a license is \$120.00.
- If a massage and bodywork therapist applicant is eligible for a license during the second year of the biennial renewal period the fee for a license is \$60.00.
- The biennial cycle ends on November 31<sup>st</sup> of every even year.
- You must keep your address and email address current with the Board.
- You must complete your continuing education requirement prior to the renewal expiration date.
- Once an applicant is determined to be eligible for a license, the New Jersey State Board of Massage and Bodywork Therapy will notify the applicant and at that time the applicant can submit the licensure fee. Please do not send the fee prior to notification.





## Useful Links on the Website of the New Jersey Board of Massage and Bodywork Therapy

Checking Application Status http://www.NJConsumerAffairs.gov/Pages/licensingboards.aspx

Frequently Asked Questions <u>http://www.NJConsumerAffairs.gov/mbt/Pages/FAQ.aspx</u>

Verifying a License http://www.NJConsumerAffairs.gov/Pages/verification.aspx

Laws and Regulations http://www.NJConsumerAffairs.gov/pt/Pages/regulations.aspx

Renewing a License <u>http://www.NJConsumerAffairs.gov/mbt/Pages/applications.aspx</u>





## Where Do I Send Mail for the New Jersey Board of Massage and Bodywork Therapy?

#### Mailing Address:

New Jersey Board of Massage and Bodywork Therapy P.O. Box 45048 Newark, NJ 07101

**Email the Board:** 

MassageTherapy@dca.lps.state.nj.us

**Contact Phone Number:** 

(973) 504-6520



